Test information sheet

Sport test

A home blood test for people who train, in two sets: basic (ferritin, haemoglobin, haematocrit) or extended (also creatinine and testosterone). A finger prick at home, results in your account.

About this test

What is the Sport test?

The Sport test is a home blood test for people who train and want to know a set of blood values. You choose one of two sets, and the price follows your choice.

What does the Sport test measure?

The basic set measures:

- Ferritin, a measure of your iron stores
- Haemoglobin
- Haematocrit

The extended set measures the same three values, plus:

- Creatinine
- Testosterone, total

How does the Sport test work?

You do the Sport test at home in four steps: order the kit, take a few drops of blood with a finger prick, register your kit and post it to our lab, and read your result in your account.

Novi Labtest makes the kit and manages every step; our accredited lab analyses your sample.

What do you get with your result?

You get each value with its usual range, in your account. Only you see it.

A lab result is not a diagnosis and doesn't replace advice from a doctor. If you have symptoms or concerns, or a value is outside the usual range, please contact your doctor.

What the test measures

- Ferritin (µg/l)
- Haemoglobin (mmol/l)
- Haematocrit (%)

At a glance

Sample
Finger prick, at home

Who it is for

[who the test is for]

Result
Within [n] working days after our lab has your sample

Return
[return label]

Analysis
Our lab

What is in the kit

- Tube with yellow cap and kit code
- 2 safety lancets
- Alcohol wipe
- Tube stand, to fold
- Instructions
- Return envelope
- Safety bag
- Sterile gauze pad
- Plaster
- Absorbent sheet
- Printed kit box
- Shipping envelope
- Tube extender
- Test form

Questions and answers

What is the difference between the basic and the extended set?

The basic set measures ferritin, haemoglobin and haematocrit. The extended set measures the same three values plus creatinine and total testosterone.

Can I train before I take the sample?

[Advice of our lab on training before the sample.]

How do I take the blood sample?

With a finger prick at home: a few drops of blood from your fingertip into the tube of the kit. The tab Guide and the instructions PDF show every step.

How long until my result?

Your result is ready within [n] working days after our lab has your sample. It's in your account, and we let you know when it's there.

Who sees my result?

Only you. Your result is in your account, and you decide whether you share it, for example with your doctor.

Is the result a diagnosis?

No. A lab result is not a diagnosis and doesn't replace advice from a doctor. If you have symptoms or concerns, or a value is outside the usual range, please contact your doctor.

More information and ordering

https://www.novilabtest.com/product/demo-sport-test/

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