Test information sheet

General health test

A home blood test of seven values in one sample: HbA1c, total, HDL and LDL cholesterol, triglycerides, ALT and creatinine. A finger prick at home, with your values in your account.

About this test

What is the General health test?

The General health test is a home blood test that measures seven common blood values in one sample: your average blood sugar of the last months (HbA1c), four blood fats, a liver enzyme and a kidney value.

What does the General health test measure?

The General health test measures:

- HbA1c, the average blood sugar of the last months (%)
- Total cholesterol (mmol/l)
- HDL cholesterol (mmol/l)
- LDL cholesterol (mmol/l)
- Triglycerides (mmol/l)
- ALT, a liver enzyme (U/l)
- Creatinine, a kidney value (µmol/l)

How does the General health test work?

You do the General health test at home in four steps: order the kit, take a few drops of blood with a finger prick, register your kit and post it to our lab, and read your result in your account.

Novi Labtest makes the kit and manages every step; our accredited lab analyses your sample.

What do you get with your result?

You get each value with its usual range, in your account. Only you see it.

A lab result is not a diagnosis and doesn't replace advice from a doctor. If you have symptoms or concerns, or a value is outside the usual range, please contact your doctor.

What the test measures

- HbA1c (glycated haemoglobin) (%)
- Total cholesterol (mmol/l)
- HDL cholesterol (mmol/l)
- LDL cholesterol (mmol/l)
- Triglycerides (mmol/l)
- ALT (U/l)
- Creatinine (µmol/l)

At a glance

Sample
Finger prick, at home

Who it is for
[who the test is for]

Result
Within [n] working days after our lab has your sample

Return
[return label]

Analysis
Our lab

What is in the kit

- Tube with yellow cap and kit code
- 4 safety lancets
- Alcohol wipe
- 2 tube stands, to fold
- Instructions
- Return envelope
- Safety bag
- Sterile gauze pad
- 2 plasters
- Absorbent sheet
- Printed kit box
- Shipping envelope
- 2 tube extenders
- Tube with purple cap and kit code
- Test form

Questions and answers

What does the General health test measure?

Seven values: HbA1c, total cholesterol, HDL cholesterol, LDL cholesterol, triglycerides, ALT and creatinine.

Do I need to fast before the test?

[Fasting before the sample: advice of our lab.]

How do I take the blood sample?

With a finger prick at home: a few drops of blood from your fingertip into the tube of the kit. The tab Guide and the instructions PDF show every step.

How long until my result?

Your result is ready within [n] working days after our lab has your sample. It's in your account, and we let you know when it's there.

Who sees my result?

Only you. Your result is in your account, and you decide whether you share it, for example with your doctor.

When do I post my sample?

On the day you take it, on a Monday, Tuesday or Wednesday, so it isn't stuck in the post over the weekend.

Is the result a diagnosis?

No. A lab result is not a diagnosis and doesn't replace advice from a doctor. If you have symptoms or concerns, or a value is outside the usual range, please contact your doctor.

More information and ordering

https://www.novilabtest.com/product/demo-general-health-test/

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